Performance Pathway T&Cs

**Programmes we will be running this year:**

* U17, U19 and U21 Academy (previously NPL)
* Itchen Development programme
* Hurst Pierpont Development programme
* Gordon’s School Development programme

**All programmes will begin week commencing 10th October and continue through to April/May 2023.**

**Training for Academy (previously NPL) will be based:**

U17/U19 - Cranleigh School Tuesday 7-9pm Thursday 8-10pm

U21 - Surrey Sports Park Tuesday and Thursdays 8-10pm

**Training for Development programmes will be based:**

Itchen College Monday 6-8pm

Hurst Pierpont Monday 7-9pm

Gordons School Thursdays 7-9pm

**Cost of programme**

U17, U19 and U21 Academies (previously NPL) £400 per athlete

Development Programme £350 per athlete

**Our U17, U19 and U21 Academies (previously NPL) are entitled to:**

2 x 2 hour on court training per week

Access to Bartercard Surrey Storm S&C coaches up to three times a week at Surrey sports park with bespoke programmes to aid development

Access to Nutrition and psychologist workshops alongside VNSL

Registration for NPL competition (if selected into the match day 12 squad)

Bartercard Surrey Storm training and match kit

**Development Programmes are entitled to:**

1 x 2 hour on court training per week

Access to at home S&C programmes created by Bartercard Surrey Storm S&C coaches, with the additional option of bespoke S&C programme and delivery through Advance Performance gym (additional charges apply)

Tournament cost for Inter development programme competitions

Bartercard Surrey Storm training kit

**Coaching:**

Guaranteed high, elite level of coaching as all our Bartercard Surrey Storm coaches are a minimum of England Netball UKCC level 2 qualified.